

OAMHS Briefs
March 2010
Prepared for CCSM

Budget Update

In the initial 2010-2011 supplemental proposal, the Governor had accounted for \$35 million in anticipation of Medicaid money from the federal government. Recently the Governor learned that the state will get \$81 million - \$46 million more than expected, and then more as we calculate the impact of the restorations. This means another round of changes being proposed and some restoration to our programs. A summary of the Governor's Proposed change package is attached a summary for your reference.

VOCATIONAL AND EMPLOYMENT UPDATES

THE COMPETITIVE EMPLOYMENT INTERVIEW

The Competitive Employment Interview was a concept of the Maine State Rehabilitation Council and is a joint quality improvement effort by the Maine State Rehabilitative Committee, Department of Health and Human Services (DHHS) Office of Adult Mental Health Services (OAMHS) and Department of Labor (DOL) Division of Vocational Rehabilitation services (DVR), and Muskie School of Public Service. The purpose of the Competitive Employment Interview came out of a need to further develop our understanding on those influences that may be significantly improving an individual's opportunity to work competitively full-time. The report is attached for your review.

Web Resources Highlight

A variety of information and resources is available at
<http://www.maine.gov/dhhs/mh/vocational-resources/index.shtml>

Some highlights are below for your reference.

“Work is about daily meaning as well as daily bread.”—Studs Terkel

For most of us, work is part of our identity. And for many people, work is an important part of the recovery process. Experience and research have shown that mental health consumers want to work and can work. Some of those individuals will need support in finding and keeping a job; others will not.

Work can have many benefits. It gives structure to our days, can boost self-esteem, and provides income that affords us more choices. It also offers opportunities to be a part of, and give back to, our community.

Getting and Keeping a Job

There are many resources available to Maine residents looking for work. One of the most comprehensive resources is your local Career Center. To locate the Career Center near

you and/or to search for job openings on line using Maine Job Bank, go to www.mainecareercenter.com

How Will Work Impact Your Benefits?

If you are receiving benefits such as Social Security Disability Insurance (SSDI), Supplemental Security Income (SSI), rental subsidies or other benefits it is important to know how income from working would impact those benefits. That information is available statewide at no cost to you through the Work Incentive Planning and Assistance program. For more information go to www.benefitsandworkinme.org

Office of Adult Mental Health Services Long Term Vocational Supports

Some individuals may benefit from long term vocational supports to assist them in maintaining employment. The type and amount of support needed will vary depending on the individual, and may be provided on or off the job site. Examples of the type of support provided would include assistance with stress management, time management, and communication skills.

This service is funded by the Office of Adult Mental Health Services, and administered by APS Healthcare. Eligibility for this service is similar to eligibility for Maine Care Section 17 Community Support Services. For more information see the Policy Manual. The Mental Health Long Term Vocational Support Policy Manual is available at this web page.

Monthly Trends of ED Usage and Hospitalizations

Attached you will find a report that looks at monthly trends of Emergency Department usage and hospitalizations, by district, for fiscal year 2009 to include the first two quarters of FY'10. We think that you will find them interesting and welcome your comments. We will plan to publish these reports periodically.

NoQ4U Newsletter

The Department of Labor , Bureau of Rehabilitation Services publishes a bimonthly "Eliminate the Waitlist" Newsletter. The link is below.
http://www.maine.gov/rehab/dvr/newsletter/march_10.shtml

APS Update

The Maine Behavioral Health Data Forum is scheduled for Thursday March 25th, from 2-4pm.

This forum is an opportunity for stakeholders in the Maine Behavioral Health ASO to review and discuss information and reports about MaineCare funded behavioral health services.

*The March forum will focus on children's services. A Child Psychiatric Hospital Readmission Report and a Child ACT/HCT study will be presented.

To attend the forum, please call the toll free conference line.
The Meeting Number is 1-888-242-1836

The Participant Access Code is: 8377033

If you wish to see the presentation at the same time as the call, please also log in to the WebEx Presentation at this link: <https://www.webmeeting.att.com>

The Meeting number is: 8882421836

The Participant Code is: 8377033

We plan on posting meeting materials about a week prior to the Data Forum on www.qualitycareforme.com, if you wish to print these materials ahead of time. Please register for the data forum by sending an e-mail with the names and organization name of all attendees in your group to: kscott@apshealthcare.com

The January APS Healthcare reports are attached for your review.

Federal and National Updates and Resources

CMS Hosts Low Income Health Access Open Door Forum

The Low Income Health Access ODF addresses the concerns of the beneficiary advocates, providers, and information intermediaries throughout the country interested in improving access to Medicare and Medicaid for lower income Americans. Generally, CMS addresses are new guidance or initiatives in programs for people with low-incomes, such as the Medicaid and SCHIP programs. Also, CMS provides information on the Medicare Prescription Drug Benefit, as well as the low-income subsidy. Services settings such as Federally Qualified Health Centers (FQHCs), Community Health Centers (CHCs) and 340(b) Hospitals and other providers are also often discussed. CMS co-hosts this forum with the Health Resources & Services Administration (HRSA). Timely announcements and clarifications regarding important rulemaking, agency program initiatives, and other related areas impacting the lower income beneficiaries are also included in the Forums.

The next CMS Low Income Health Access Open Door Forum (ODF) s scheduled for:

Date: Tuesday, March 23, 2010

Start Time: 2:00 PM Eastern Time (ET)

Please dial-in at least 15 minutes prior to call start time.

Conference Leaders: Lisa Wilson, Alex Ross (HRSA), Natalie Highsmith

Open Door Forum Participation Instructions:

There are 2 ways to participate, onsite or by phone.

1. To participate by phone:

Dial: 1-800-837-1935 & Reference Conference ID: 62048710

****Persons participating by phone are not required to RSVP****

TTY Communications Relay Services are available for the Hearing Impaired. For TTY services dial 7-1-1 or 1-800-855-2880. A Relay Communications Assistant will help.

2. To participate in-person onsite at the Hubert H. Humphrey Building, RSVP and Security Clearance is required. Please RSVP no later than 2:00 PM ET, March 19, 2010. To RSVP, send your name, organization and telephone number to LOWACCESSODFL@cms.hhs.gov. Be sure to include "Low Income" in the subject line. Upon entry into the building, you will be required to present to Security a Government-issued photo identification, preferably valid driver's license.

Please arrive no later than 1:45p.m.ET.

Address:

Hubert H. Humphrey Bldg.

200 Independence Avenue S.W.

Washington, D.C. 20201

Map & Directions: <http://www.hhs.gov/about/hhhmap.html>

ENCORE: 1-800-642-1687 Conference ID# 62048710.

Encore is an audio recording of this call that can be accessed by dialing 1-800-642-1687 and entering the Conference ID., beginning 2 hours after the call ends and will expire after 3 business days.

For Forum Schedule updates, Listserv registration and Frequently Asked Questions please visit the CMS website at <http://www.cms.hhs.gov/OpenDoorForums/>.

SAMHSA 10x10 WELLNESS CAMPAIGN TRAINING TELECONFERENCE

FOCUS ON WELLNESS TO INCREASE LIFE EXPECTANCY AND HEALTHY LIVING OF INDIVIDUALS WITH MENTAL HEALTH PROBLEMS

MARCH 30, 2010

How will we assist people with mental illnesses to recover if we cannot keep them alive and healthy? Whether we are in Federal, State, or local government, in the private sector or advocacy, this is a shared problem that demands a shared solution.

—CMHS Director A. Kathryn Power (2007)

What are the implications of the findings of higher rates of illness and shorter life spans among people with mental health problems than among the general public, and how can the mental health community promote wellness?

To help consumers and providers explore this question, the SAMHSA 10x10 Wellness Campaign invites you to a free training teleconference entitled “Focus on Wellness to Increase Life Expectancy and Healthy Living of Individuals with Mental Health Problems.”

Date and Time

Tuesday, March 30, 2010

3:00 p.m.–4:30 p.m., Eastern Time (ET)

Presenters

- Joseph Parks, M.D.
Missouri Department of Mental Health
- Margaret (Peggy) Swarbrick, Ph.D.,
O.T.R., C.P.R.P.
Institute for Wellness and Recovery Initiatives, Collaborative Support Programs of NJ
- Lauren Spiro, M.A.
Vanguard Communications/SAMHSA 10x10 Wellness Campaign

Register Today!

To learn more and to register, please visit the following page:
<http://www.esi-bethesda.com/10x10teleconference/>.
We encourage you to share this invitation with interested friends and colleagues.

Please note: Registration will close at 5:00 p.m., ET, on Tuesday, March 23, 2010.

Questions?

This training teleconference will include a question and answer session. We invite you to submit questions at any time before or during the teleconference. To submit questions before the teleconference, please e-mail 10x10@samhsa.hhs.gov. Speakers will answer as many questions as possible during the question-and-answer session, but we cannot guarantee that your question will be answered during the teleconference. We will provide each presenter’s contact information so that you may contact him or her directly for a response or additional information.

Please note: You may submit anonymous questions. If you provide your name and organization when submitting a question, we may use it during the call.

Training Sponsor

This teleconference is sponsored by the SAMHSA 10x10 Wellness Campaign, a project of the Center for Mental Health Services (CMHS). CMHS is a center within the Substance Abuse and Mental Health Services Administration, U.S. Department of Health and Human Services.

U.S. Department of Labor announces results of 'Tools for America's Job Seekers Challenge' -- Niche Job Boards

Employment and Training Administration News Release

<http://www.dol.gov/opa/media/press/eta/eta20100146.htm>

In this news release, the U.S. Department of Labor Employment and Training Administration shared the results of its Tools for America's Job Seekers Challenge. The top rated sites have been identified in each of six categories — general job boards, niche tools, career tools, career exploration tools, Web 2.0 and "other" — are now available at <http://www.careeronestop.org/jobseekertools>

Over the course of the next few weeks, the One-Stop Toolkit Resources of the Week will highlight these categories in more detail beginning with this issue.

Niche Job Boards

<http://www.careeronestop.org/JobSeekerTools/NicheJobBoards.aspx>

These job boards are targeted to specific types of job seekers, occupations, or locations. The most recommended Niche Job Boards include:

- Diverse Populations
- Tools Targeting Specific Occupations
- Military/State/Local Government
- State/Local Job Tools
- 40+/Older Worker/Senior
- Students
- ExOffenders

WEBINAR ANNOUNCEMENT

April 8, 2010 ~ 2:00 – 3:30 P.M. (Eastern Time)

Shared Decision Making in Mental Health: Panel on Service Provider Perspectives and Experiences

Featuring

Patricia Deegan, Ph.D.

Pat Deegan Ph.D. & Associates, LLC.

Michael Leeson, M.D., Ph.D.

Kansas Health Solutions, LLC

Emily Woltmann, Ph.D.

VA National Serious Mental Illness Treatment Research and Evaluation Center (SMITREC) and University of Michigan Department of Psychiatry Mental Health Services Outcomes and Translation (MHSOT)

Robert Johnson, M.S., L.P.C.

Region Ten Community Services Board

We invite you to join us for this panel presentation on service provider perspectives and experiences with Shared Decision Making in mental health.

Sponsored by

The Office of the Associate Director for Consumer Affairs

Center for Mental Health Services, Substance Abuse and Mental Health Services Administration

To Register

Participation in this Webinar is free of charge, and is open to consumers, providers, family members, policy makers and any other interested individuals.

You may register directly by clicking on the following link and submitting your information:

<https://www.livemeeting.com/lrs/8000963084/Registration.aspx?PageName=qdcrpjhklr2q3tvd>

To see if you will be able to access the internet portion of this Webinar [click here](#). If this link takes you to a Microsoft Live Meeting site, you will be able to see the visual parts of the Webinar.

Description

As part of its ongoing effort to promote recovery and consumer choice, SAMHSA will host this final in a series of three Webinars designed to introduce and explore the principles and practice of shared decision making in mental health.

The first Webinar provided an introduction to the concept of shared decision making in mental health and provided a preview of SAMHSA's shared decision making tools currently in development. The second Webinar shared consumer perspectives and experiences with shared decision making tools and practice. An archive of all shared decision making Webinars is available on SAMHSA's shared decision making website:

<http://mentalhealth.samhsa.gov/consumersurvivor/shared.asp>.

Presenters for this Webinar will focus on introducing shared decision making within an organization to include information on implementation issues and practical tips for overcoming them. Presenters will also discuss implications on practice. At the end of the presentations, there will be time for questions and discussion. Specifically, the four presentations will cover the following topics:

- **Pat Deegan** will talk about how shared decision making tools engineer the clinical encounter and how the practice helps close the gap between values and practice. She will also provide findings from recent studies on CommonGround, a shared decision making software program she developed.
- **Michael Leeson** will talk about the experience of using shared decision making over time such as the change in information exchanged between consumer and provider; and the organizational challenges involved with implementation.
- **Emily Woltmann** will discuss the process of engaging clinicians in shared decision making and assuring that technology supports, rather than hinders, the clinical encounter. She will also present data from a clinical trial that evaluated an electronic decision support system for person-centered planning.
- **Robert Johnson** will discuss the process used in a traditional mental health agency to explore the question: Should We Introduce Shared Decision Making in Our Agency? He will present factors, barriers, and strategies that emerged during the process.

Presenters

Patricia Deegan, Ph.D.

Patricia E. Deegan Ph.D. is an independent consultant who specializes in researching and lecturing on the topic of recovery and the empowerment of people diagnosed with mental illness. She is the creator of the CommonGround software program to support shared decision making in the psychopharmacology consultation. Pat also works for Advocates for Human Potential, Inc., as a Senior Program Associate, consulting on Shared Decision Making and other recovery-oriented projects. She is an activist in the disability rights movement and has lived her own journey of recovery after being diagnosed with schizophrenia as a teenager. Pat is an Adjunct Professor at Dartmouth College School of Medicine and at Boston University, Sargent College of Health and Rehabilitation Sciences; and a Principle Investigator with the University of Kansas, School of Social Welfare. She received her doctorate in clinical psychology from Duquesne University.

Michael Leeson, M.D., Ph.D.

Dr. Michael Leeson is the Chief Medical Officer of Kansas Health Solutions, LLC, a Medicaid outpatient mental health managed care organization in Kansas. His previous experiences include serving as the Community Supports Services Psychiatrist at The Wyandot Center, a large urban community mental health center in Kansas City, Kansas, where he participated in innovative projects such as the development of CommonGround, a shared decision making program, led by Dr. Patricia Deegan. He was also involved in piloting the implementation of the Integrated Dual Diagnosis Treatment Evidence Based Practice, with the guidance of The University of Kansas School of Social Welfare. During Dr. Leeson's association with The Wyandot Center, the

Community Support Services division received the 2006 American Psychiatric Association's Silver Achievement Award for recovery-based programs.

Dr. Leeson completed his M.D. degree, a Ph.D. in Microbiology, Molecular Genetics, and Immunology, and a combined residency in Internal Medicine and Psychiatry at The University of Kansas in Kansas City, Kansas. He is a Diplomate of the American Board of Psychiatry and Neurology, Inc.

Emily Woltmann, Ph.D.

Dr. Woltmann is a postdoctoral fellow at the VA National Serious Mental Illness Treatment Research and Evaluation Center (SMITREC) in Ann Arbor, MI and the University of Michigan Department of Psychiatry Mental Health Services Outcomes and Translation (MHSOT). Dr. Woltmann received her Ph.D. in Health Policy and Clinical Practice from Dartmouth College in 2009. While at Dartmouth, she participated in the evaluation of a 53-site project to implement five evidence-based practices in community mental health settings. She primarily focused on the role of staffing stability in mental health teams implementing evidence-based practices with high fidelity. Her thesis built upon knowledge gained in this demonstration project to design and test an electronic decision support system to support both consumer and care managers in making quality of life decisions that are concordant with the wishes of consumers. The system was designed to ultimately support shared decision making and actualization of consumer desires for both mental health services and outcomes.

Robert Johnson, M.S., L.P.C.

Robert Johnson, M.S., L.P.C. has directed behavioral health services for approximately three years at the Region Ten Community Service Board in Charlottesville, Virginia. In that role he is delighted to be part of the growing mental health recovery movement. Mr. Johnson has over 35 years professional experience in the mental health and substance use disorder field. Formerly the Senior Deputy Director for the District of Columbia's addiction services, APRA, he was also the Director of the Office of Substance Abuse Services with the Virginia Department of Mental Health, Mental Retardation and Substance Abuse Services where he led the state's effort to provide effective and accessible treatment to all Virginians with addictive disorders. He received his graduate degree in Rehabilitation from VCU in 1989. His passion is working with communities to create a better life for those with behavioral health disorders.